READ ME FIRST

For accurate readings and best performance, please read the following suggestions:

★This product is intended only for the purpose of displaying heart rate during physical activity and cannot predict the Intensity level that is safe for you.
It is not a medical device, nor is it intended for medical diagnostic purposes. Before you begin any exercise program, consult your physician or doctor.

★Skin types and heart rate signals differ in people. You may need to take some time to be familiar with the transmitter strap to achieve stable signals.
Please be patient, especially during the cold, dry winter months.

★Dehydration and alcohol consumption can affect the detection and accuracy of the heart rate display.
For accurate readings it is advised to wait until your body condition stabilizes before using the transmitter.

★Body hair can affect the detection and transmission of heart rate signals. If necessary, trim or shave chest hair where the transmitter sensing electrodes will contact your skin.

ACCESSORIES & ATTACHMENT

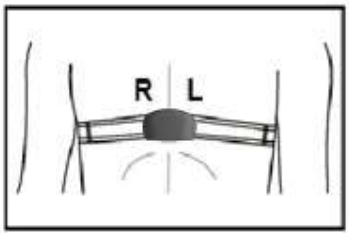
Heart Rate Transmitter

Textile Elastic Strap

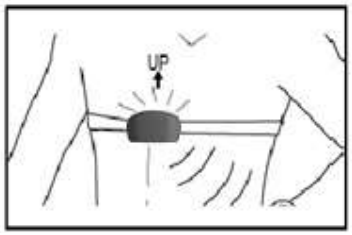
Battery Cover (with O-ring)

CR2032 3V
Lithium Battery

WEARING THE TRANSMITTER

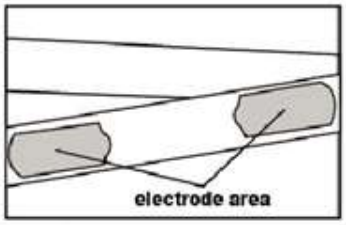


Step 1.
Slightly moisten electrode area with some water on the textile strap. (If necessary)

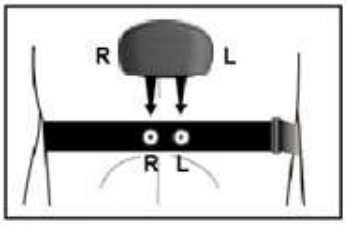


Step 2.
Attach the Bluetooth smart transmitter to the textile strap 2 connection buttons.
The right metal button should be on the right side, and left to left side of the body.

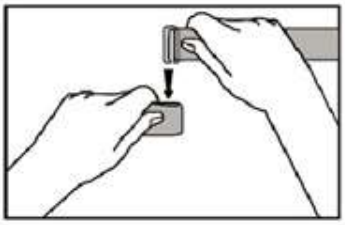
Step 3.
Adjust strap length and wrap around chest. Insert clasp to loop end. Make sure strap is fastened on your body properly.



Step 4.
Make sure the electrodes are pressed firmly against your skin. The sensor should be centered on your chest in the



Step 5.
Check the transmission of active pulse.



Step 6.
Adjust strap length and wrap around chest.

Notice:

1. Use water, ECG gel or other conductive liquids to moisten the conductive rubber skin contact.
2. Do not use vasoline or oils which may insulate the transmitter and make it unable to detect the heart rate signals.
3. To save power please make sure to take off the transmitter when not in use.

TRANSMITTER BATTERY INSTALLMENT

Install a CR2032 battery as back side illustrated.

Step 1. Slide the battery (CR2032) at an angle as illustrated and make sure during battery installation that the battery is first pressed against the side contact **(mark "+" facing up)** and then press into the battery compartment

Step 2. Check that the O-ring is properly positioned in battery cover to ensure water proof protection of the battery compartment.

Step 3. Position the battery cover and turn right to close it with a coin (turn left to open it)

IMPORTANT:

1. Make the metal shell a little stick up, not flat.
2. Make sure to close the battery cover very tightly to prevent sweat and moisture from spoiling the battery composition.

WEARING THE HEARTRATE CHESTBELT

This heart rate chest belt has a soft textile strap with adjustable buckle design. Please adjust to proper length to get the effective heart rate detection.

★Before wearing the chest belt, you may check the transmission by pressing the electrode area with your fingers.

TURN ON HEART RATE TRANSMITTER

Bluetooth smart:

The BLE smart Heart Rate Transmitter is compatible with iPhone 4S/5/6, iPod Touch (5th generation), iPad (3rd and 4th generation) and Android 4.3 or higher. It is also compatible with some sport watches with BLE smart support such as Polar loop, etc…

Please follow the following steps to connect to a smartphone.

Step 1. Go to Device Settings->General->Bluetooth.

Step 2. Turn On Bluetooth. The Bluetooth©smart device will pair directly with an application.

Step 3. Pick a compatible fitness application from the "app store" and download it to the phone. Select a fitness application. For example, Wahoo fitness, Endomondo, Runtastic, Starve, RunKeeper, Cyclemeter, 321Run, BLE Heart Rate Monitor, MapMyFitness, MapMyRide, etc…

Step 4. Pair the Bluetooth Heart Rate Transmitter with the fitness application in the application settings.

Note:

Some applications may not be compatible. Check the published specifications.

Remark:

1. Every Bluetooth smart device has its setting and operating method, how to pair with the chest belt, please refer to the devices' user manual.
2. Bluetooth smart can be used simultaneously. There's no interference problem.

MAINTENANCE OF THE ELASTIC STRAP

The textile strap can be washed in delicate machine wash at +40°C/104°F with most common laundry detergents. Use of detergents with optical brightening agents, detergents with bleaching agents, soap or fabric softener is not recommended. Use of a laundry pouch is recommended. Machine washing has less variation than hand washing and for this reason the machine washing is recommended instead of hand-washing.

★ The strap does not resist soaking，dry - cleaning or bleaching.

★ The strap should be dry flat, hang dry or drip dry.

NOTICE:

1 .Wet strap should not be stretch unnecessarily. Strap does not tumble drying and should not be wring dry. Ironing and pressing with heat are forbidden.

2. Detach the connector from the strap and rinse the strap under running water after every use.

3. Sweat and moisture may keep the electrodes wet and the transmitter activated. This will reduce the transmitter battery life.

4. To keep the product best performance，please wipe out the sweat on metal buttons with clear water to avoid rusty, causing bad transmission.

TROUBLE SHOOTING:

No Heart Rate or "ZERO" Display

★ - Re-wear it as instructed.

★ - Stay away from power lines or other electromagnetic sources.

★ - Moisten the electrode sensing area of the textile strap.

★ - If there's no heart rate value display, please take out the battery and wait for about 1 minute, then re-install the battery.

★ - Avoid using the device outside of the following temperature Range 0°C ~ 50°C (32°F~122°F), slow or black display may occur.

FCC INFORMATION

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and 2. This device must accept any interference received, including interference that may cause undesired operation.

NOTE:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help. ***CAUTION:*** Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

TECHNICAL SPECIFICATIONS

Strap Length:	88 cm (fit for chest: 70-120cm/ 27.5"47.2")
Battery Lifetime (approx):	1000 hours (1 yr with 1 hr/day usage)
Battery:	CR2032X1pc (included)
Transmission Range:	up to 10 feet
Waterproof:	IPX 7
Operating temperature:	0°C~50ºC(32ºF~122°F)
Weight:	47g (transmitter + textile strap+ battery)

★ Works with iPhone 4S/5/6, new iPad (3/4th Generation) & Android 4.3 or above with Bluetooth smart©support smartphones.

Recommended apps: Runmeter, Runkeeper, Runtastic, Endomondo, Wahoo Fitness, Strava, Cydemeter, 321 Run, BLE Heart Rate Monitor, MapMyFitness, MapMyRide etc…

★ Battery lifetime calculation is based on normal transmitting power Consumption in a lab, not include non-connecting condition.

(2017-03-01)